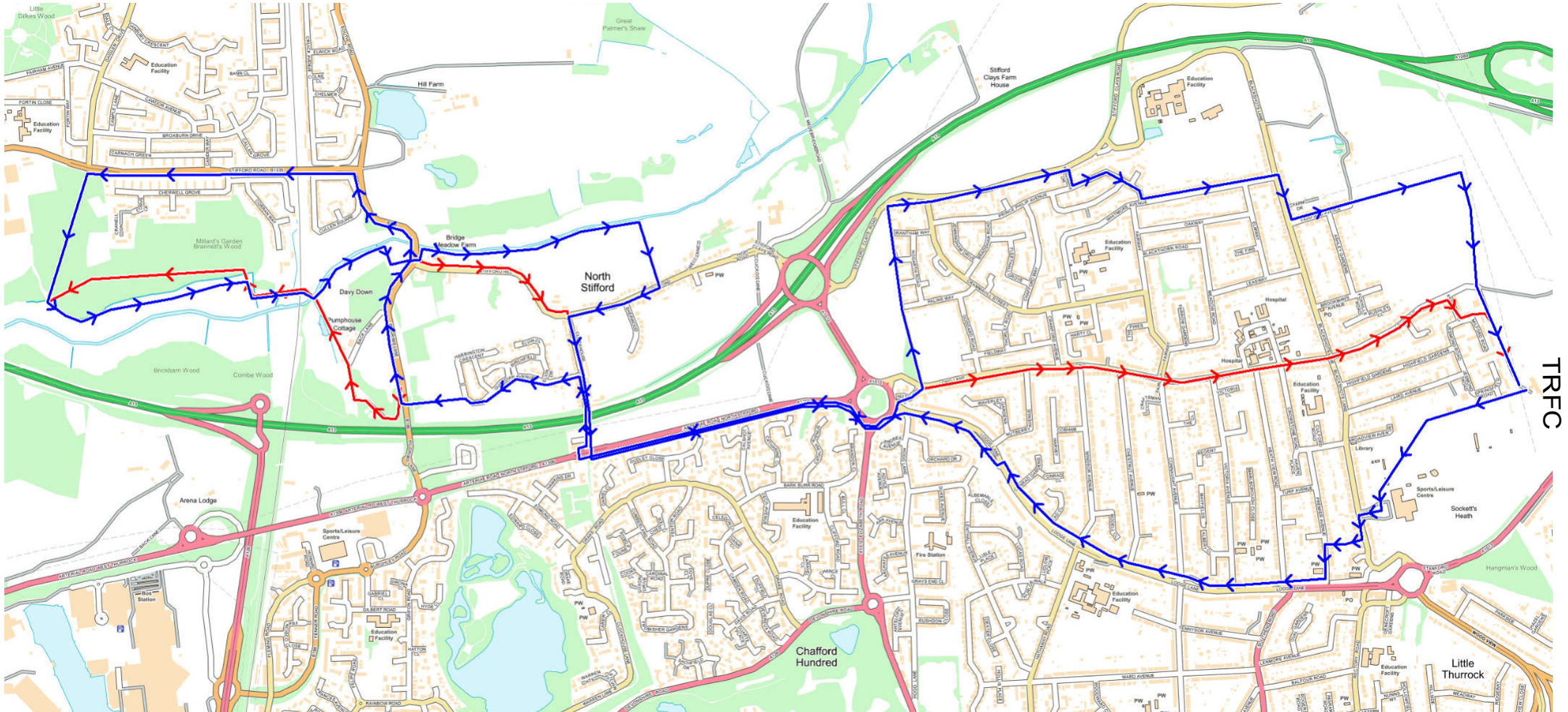


Nomads Routes

25s-A and 25s-Z Thursday - Marley Tiles/Mardyke Way "Safe Route" ('A' 9mi/'Z' 7.6mi)

A runners follow the blue route

Z runners follow the red route



TRFC